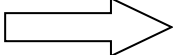


PARENT-CHILD TRANSPARENCY
relational conversations that help children avoid pornography

Addressing Parent Fears

Our failures are what qualify us to lead
our children away from pornography

Our Goal

Fantasy  Relationship

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Father-Son Accountability

Parent-Child Transparency

Tell Your Story

The Role of Emotions

Structured Accountability

Emotional Needs (see next page)

Move Away From

- pornography
- sexual fantasy as a way of escape
- arousing/erotic/romantic material
- sexual jokes
- sexual text/app conversations
- sending unclothed photos
- search Internet alone
- masturbate to fantasy or pornography
- communicate only through social media

Move Toward

- Call/text _____ when sad or alone
- Call/text _____ when stressed
- Call/text _____ when want to view pornography
- Gratitude list (3 per day)
- Talk about feelings with a friend
- More time face-to-face than by text/social media
- Weekly no-technology night
- Discuss sexual feelings with parent (peer for adult)

Informal Accountability

Formal VS Informal

Emotional Needs

The most basic human needs*

To be heard & understood
To be affirmed
To be blessed
To be safe
To be touched
To be chosen
To be included

**The Seven Desires of Every Heart*

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Safety Needs

consistency
safety
security
stability
support
order
honesty
authenticity
integrity
presence

Belonging/Love Needs

acceptance
affection
appreciation
belonging
cooperation
communication
closeness
community
companionship
compassion
consideration
empathy
inclusion
intimacy
love
mutuality
touch
nurturing
respect
self-respect
to know and be known
to see and be seen
to be understood
trust
warmth
autonomy

Esteem Needs

respect
self-respect
choice
freedom
independence
space
spontaneity
challenge
clarity
competence
consciousness
contribution
creativity
discovery
efficacy
effectiveness
growth
hope
learning
mourning
participation
purpose
self-expression
stimulation
to matter
understanding
beauty
communion
equality
harmony
meaning
awareness
celebration of life

To not feel

disliked
misunderstood
ridiculed
ignored
disregarded
rejected
left out
excluded
disrespected
abandoned